



Curling Coaching Clinics Available – 21st to 25th May 2007

The Victorian Curling Association has secured the services of Sharon Delver who is the Regional Coach of the Okanagan Training Centre in British Columbia, Canada. Sharon offers consultations for teams and coaches and at high performance camps, as well as providing services to clubs.

Sharon will be coaching at the Bendigo Ice Rink, Hattam Street, Golden Square over the week of the 21st to the 25th of May 2007.

The coaching available includes:

Skills Training Clinic:

For those new to the game and wanting some expert tuition.

When: Tuesday 12:00 – 3:00

Cost: \$30

Duration: 3 hours

All participants must have a current membership (which can be obtained on the day)

Novice Instructor Clinic (Train the Trainer):

An opportunity to earn a Level One coach's ticket and offer your services in teaching others new to the game. A great way of increasing membership and interest in the game.

When: Wednesday 10:00

Cost: \$40

Duration: 4 hours

All participants must have a current membership (which can be obtained on the day)

Intermediate Clinics

For those already familiar with playing the game, this Clinic offers coaching both on and off ice - on ice technical skills with video analysis, off ice mental training, strategy, physical preparation, goal setting and season planning.

When: Thursday 7:00pm

Cost: \$40

Duration: 2 hours (approximately)

All participants must have a current membership (which can be obtained on the day)

Wheelchair Curling Clinics

Available Friday afternoon if required.

All participants must have a current membership (which can be obtained on the day)

If you are interested in participating in any or all of the sessions being offered please contact: Janet Cobden on ph: 03 5441 1519 or email: janet@farmdesign.com.au by 17th May 2007.

Places are limited. Please apply early.